



11/19/2017  
CALENDAR EVENTS

**Tues. Nov 21**

7:00 pm Mediation  
with Shell Fischer-  
Conquering  
'Comparing Mind'

**Wed. Nov 22.**

10:00 am Women's  
Sacred Circle

**Thurs. Nov. 23**

3:00 pm  
Thanksgiving Dinner  
6:30 pm Course in  
Miracles – Darwin's  
Fish Room

**Fri. Nov. 24**

10:00 am Hat's With  
Heart (Knitting &  
Crocheting Group)

**Sun. Nov. 26**

9:30 am Fiber Art  
Project Conversation  
11:00 am Worship



**Dec. 3 & 10** By Our  
Own Hands

**Jan. 27** Chili Cookoff



The Narthex  
Collection for Nov. is  
C-CAP. Please place  
items listed in the  
Narthex in the  
basket.



Don't forget to buy  
your Food Lion,  
Martin's and Shop 'n'  
Save grocery cards.



Your purchase of  
eggs helps UUCSV as  
all funds from sales  
go to the church. The  
eggs are in a small  
fridge in the kitchen.

**If you are a visitor,  
please fill out a  
yellow "Welcome  
Card," found on the  
Welcome Table in  
the Narthex and  
place it in the  
collection basket or  
in the basket on the  
Welcome Table.**



PO Box 1574, 6380 Valley Pike, Stephens City, VA 22655  
Regular Office Hours: Mon - Fri. 10:00 am-2:00 pm, 540.869.6965

**FROM THE MINISTER, REV. RUSS SAVAGE**

How should we respond when something terrible has happened, when we are suffering? The teachings of Buddhism offer some helpful guidance. First it is important to remember that suffering is a part of the human condition. Everyone suffers at some time. When we are suffering we are not alone, and we are not being singled out.

In the moment of suffering, it is helpful to move attention to that which is right here, right now—breathing, body, sounds. We must allow in the difficult, even welcome it in. In the moment of suffering we might think to ourselves, "May I attend to this suffering, may I be kind to this suffering."

In a small way we can find relief from the suffering if we will seek to understand, dissolve, release, and liberate it. Part of this release will be our understanding that the suffering will somehow serve us. We will be changed by the experience of suffering.

Difficult and painful though it is, may our suffering serve us and life itself.

Russ

**December 24, 2017 There will not be an 11:00 am Sunday service but there will be a Sunday Christmas Eve service at 7:00 pm.**

**UU CHALICE SINGERS**

**Today:** The Chalice Singers and the Cranberry Chamber Music Ensemble will present Bach's Cantata No. 140 "Sleepers Wake.". The cantata will feature new environmental text and poems written by Claudia Martin expressing thanks and concern for our planet earth. Special cakes will be offered for refreshments and Claudia Martin's Christmas books will be sold as a benefit for the church.

*The Search Box*

**MINISTERIAL CANDIDATE INTERVIEW QUESTIONS**

Would you like to help the Ministerial Search Team? We are generating the list of questions we will be asking all our ministerial candidates and would love to have your input! Please send your proposed questions to Rachel at "[rmhanks424@gmail.com](mailto:rmhanks424@gmail.com)". Alternatively, you can give them on paper to Sheryl in the church office and she will get them to Rachel. We cannot guarantee that we will use submitted questions, but we welcome your input!

**Favorite Places**

We need to give a prospective minister a good sense of what the Shenandoah Valley has to offer. We know everyone has their favorite event, location, activity or similar thing that they like about living in this area. Your ministerial search team needs those ideas! Please send them to Claire Henderson at "[clairehenderson321@gmail.com](mailto:clairehenderson321@gmail.com)" or give them on paper to Sheryl who will forward them along. We can't promise to use all of them, but every submission will be considered.

**COTTAGE PARTIES UPDATE**

Since we had less than 6 people sign up for an additional party, we are not scheduling any further events. Our apologies to those who signed up for a cottage party but were not able to attend. The cottage parties were a huge success! Thanks to all of our hosts as well participants, we were able to validate the results from the survey we took last year at this time. We received a lot of additional feedback as well. A summary of the results will be posted once they are available.

## RELIGIOUS EDUCATION: ONGOING FOR EVERYONE

### Special Fiber Art Project

You are invited to discuss the beautification of the UUCSV Narthex through fiber art. If you have a love of **design, creation,** and **construction** with fiber art we want you to attend a meeting on Sunday, November 26 at 9:30 a.m.

**Book Club - Just Mercy: A Story of Justice and Redemption** by *Bryan Stevenson*

**Facilitator(s):** Cory

**NEW Date & Time:** Thursday, December 7th @ 1:30 p.m. in UUCSV Library

A powerful true story about the potential for mercy to redeem us, and a clarion call to fix our broken system of justice—from one of the most brilliant and influential lawyers of our time.

### SoulCollage®

**Facilitators:** Cory & Ashley Ness

**Date:** Saturday, January 13, 2018

**Time:** 1:00 p.m. – 5 p.m.

**Location:** UUCSV Narthex & Library

**Cost:** \$10/person includes all supplies

### SAFETY PIN BOX BOOTCAMP

Join **Cory Ness** and **Marie Francis** as we co-facilitate **SAFETY PIN BOX BOOTCAMP**.

We will begin the 6 sessions on **Sunday, February 4<sup>th</sup> – March 25<sup>th</sup> @ 9 a.m. at the UUCSV**. The cost is **\$54 per attendee** for the entire **6 sessions**. The money supports **Black Women Being**, which pays out scholarships to assist Black women in community leadership roles. *If you are interested and can commit to register and/or pay a scholarship for another individual to attend, that will help us in planning and purchasing the curriculum.* **Sign up is in the Narthex on the LFD Counter. Last day for sign up is January 7.** You can write a check to UUCSV and mark it for SPB Bootcamp. *Registration will be refunded if we do not have enough interest for the program.*



### **Vegetarian Community Dinner - cancelled!**

Due to the Thanksgiving Holiday, we will not have the Vegetarian Community dinner on November 22. We look forward to seeing you next month.



### **Thanksgiving Day at UUCSV, November 23, 3:00 pm**

Join us at the church for our annual thanksgiving meal! Many thanks to MaryDale Jackson for stepping forward to be hostess for this year's dinner.

A sign-up sheet will be in the Narthex on Sunday. Please be sure to list what you will bring and other details so we will be well prepared. Many hands make light work and there are many jobs to be filled. Set up and clean-up will go quickly with your help.

**Next year:** Please consider being host or hostess. This event will not take place if this role is not filled. The job requires that you be the point of contact, be present to supervise the day of, make sure the church is cleaned up and locked before leaving. Social Committee takes care of the signups!

### **December Holiday Gathering at UUCSV**

Please place Sunday, December 3 on your calendar and plan to attend our annual holiday gathering. We will be decorating the church, sharing a potluck meal, and selling handmade items after the Sunday service.

Help is needed. If your group or committee would like to take on a job for the day please contact Mary Haskins. We need someone/group to:  
supervise potluck  
move chairs and set up tables in sanctuary  
clean up after event



If you are an artisan, baker, or candlestick maker please consider donating your crafts to the By Our Own Hands Sale. This sale offers up handmade items for our community to purchase for gifts. It is a wonderful way to shop while supporting UUCSV.

In the past we have had pottery, sewn items, jewelry, tie dye, knits, rugs, art, cookies, jams, pickles, and much much more! We also have the regift table so if you have a gift quality item please bring it in. We would appreciate it. There will be a box under the Social Table, by the kitchen, for donations.

Social Committee questions can be sent to Mary Haskins: [mehaskins@gmail.com](mailto:mehaskins@gmail.com)

### **Sharing Suppers**

Sign up for Sharing Suppers online!

**What is Sharing Suppers?** Get together with UUCSV friends and get to know one another over a meal. This monthly commitment begins in the fall. Once a month your group will get together and connect while enjoying a nice meal. Some groups choose to eat out and some choose to host meals in their homes. Meals in homes are planned as a group. The meals may be potluck, the host may offer the entree, or the host may do the whole meal. Each group will work out these details before getting started. Those who choose to eat out may use the same restaurant every month or may change from month to month.

While each group makes its own decisions, we do try to create groups around your requests. Your answers will help to match you with others of similar choices. If you are more interested in breakfast, make sure you let us know. If it is more important that you eat in homes rather than eat out, just let us know. Give us first, second, and third choices!

Lunch after church? What about breakfast midweek? Or before church? How about Dinner on Friday night? You tell us what works for you and we try to create a group that works for you. The key is to do your best in filling out the form. We will try to give you your first choice but it doesn't always work out that way.

You may add notes at the bottom if you have special requests (like we have kids and would like an afternoon playdate, or we'd like to eat out in the Woodstock area). Please email your questions to Mary Haskins: [mehaskins@gmail.com](mailto:mehaskins@gmail.com). Use this link to fill out the form. <http://tinyurl.com/UucsvSharingsuppers2017>. \*The asterisk means an answer is required.

## SOCIAL ACTION AND JUSTICE COMMITTEE

### **Social Action and Justice Narthex Collection for November**



### **Congregational Community Action Project**

C-CAP maintains a food pantry, clothing center with all sizes and also offers assistance in rent, utilities and prescription drugs.

Currently they are in need of:

**-adult:** disposable diapers, and/or disposable briefs and underwear

**-baby and toddler:** disposable diapers (all sizes) and individual packages of baby wipes